Messenger

Summer Field WALDORF SCHOOL AND FARM

September 17, 2015 Volume 28. Issue 1

Showing the Way ...



This year, to mark Summerfield's special year-opening tradition of The Rose Ceremony, The Messenger asked Senior Hana Stusser to reflect on her experience of the ceremony, both now and from her memories twelve years ago, as a First Grader. ~ Adam MacKinnon, Editor

On the first Friday of every school year the whole community comes together on the high school lawn to witness or participate in a very touching ritual, the Rose Ceremony. On this special day the seniors give a gift of love to the first graders in the form of a rose. By now, school is a polished routine for the seniors, but for the first graders it is all new and exciting, a brand new class, brand new teachers and brand new senior buddies! I have had the incredible privilege to have spent twelve years of my life learning and growing at Summerfield. Twelve years ago I was that shy smiling first grader patiently waiting my turn to receive a rose from my buddy.

I wish I could say that I remember feelings of excitement and wonder from the Rose Ceremony in first grade, but my strongest memories are of confusion and fear. Summerfield was a new school to me. I had only been in the company of my new classmates for a mere three days. It was overwhelming to experience so many new things all at once. However, amidst the crowd of new faces, stands out the memory of my brave and confident senior buddy. She was so composed and sure of herself that I remember looking up to her with great admiration and imagining how I wanted to be just like her when I grew up.

The Rose Ceremony is not only a special event for the participants. Everyone watches and anticipates their turn. High schoolers transform from big distant strangers to peers, as you draw closer and closer to senior year. Before you know it it's you guiding them through the arch. And the bond you create with your first grade buddy carries on through the school year as you carve pumpkins with them

(Continued on Page Three)

Inside this Issue:

Wel	co	m۵	Bac	k
vvei	LU	III E	Dat	N.

2

First Day of School

Michaelmas

Fifth Grade Spanish 7

Summer's End

Marketplace

Important Dates:

10th Grade Play: Agamemnon

Thursday, September 24 & Friday, September 25, 7pm in Sophia Hall

Michaelmas Festival & Picnic

Friday, September 25

STORY IDEAS!

Adam MacKinnon (father of Willsy in First Grade and Theo in Sixth Grade) is the editor of The Messenger.



Please let him know if you have story ideas, feedback on what you want to see more (or less) of, or just have a burning desire to write. Many thanks!

Adam can be reached at messenger@summerfieldwaldorf.org.

Welcome Back from the Board

By Jefferson Buller, for the Board



On behalf of the Board of Directors, welcome back to what promises to

be another wonderful school year here at Summerfield. The Board has had a busy summer and is ramping up its work for the year as we speak. We would like to formally welcome three new Board members: Glenn Berger, Kibby MacKinnon, and Renate Lundburg, all of whom will bring unique perspectives and a willingness to give of their time and energy towards the stewardship of the school. We also wholeheartedly extend a thank you to Karl Forsythe, Kathinka Kiep, Paul Sloan, and Tricia Walker. who have transitioned off the Board after many combined years of commitment

At the Board's annual offsite retreat on September 13, we laid out an agenda for much of the work we will undertake this year. Top items include site planning, finance and budgeting, renewed focus on Development and capital campaign planning, outreach and public relations, and continued growth of a diversity of leadership capabilities within the board.

Work for our septic system upgrade is well underway, and much of the "heavy lifting" has already been completed. The new tanks and processing system have been installed, and the system is expected to go fully operational by the end of September. This will allow for several new steps in the school's

(Continued on Page Three)

From the Governance Council

Welcome back to school Summerfield Community! There is quite a bustle of activity in and out of the classrooms and farm.

You may have noticed that we are in the process of making some changes on campus. The installation of the new septic system was permitted in August; construction on that project will be completed within a few weeks. We thank you for your patience as our parking has clearly been impacted. The septic system is a precursor for some exciting site development, including the Art-Tech building next year and improvements to our culinary facility.

As you may be aware, Senate Bill 277 has been signed into law, making vaccinations mandatory for school children and removing the option of choosing a Personal Belief Exemption to avoid vaccinations, effective July of 2016. There are very strong feelings on both sides of this issue.

Summerfield as an organization remains neutral on political issues, but we want you to be informed that this law may directly affect you

and your children. You should also be aware that there is a referendum underway to collect signatures to put the issue to a vote on the 2016 ballot.

Actual implementation of the law is still being figured out by legislature. What is known is that, as of July 2016, children entering Kindergarten or Seventh grade are required to be vaccinated, as are all children entering a new school. Summerfield will follow the law, and as such, faculty and staff will continue to monitor any updates that come from the state regarding implementation. We will do our best to keep the community informed of any new developments as we learn them.

It is recommended that you seek the guidance of your physician if you have questions about the medical aspects of vaccinations.

Look for more updates from the Governance Council in next month's Messenger.

~ Bob Flagg, Jamie Lloyd, and Catherine Schlager, for the Governance Council

School Photo Day is coming!

By Andrea Jolicoeur, LS Secretary

Sari Singerman will be photographing again this year. Dates are:

Wednesday, September 30 for Kindergarten and Grades 9-11; Thursday, October 1 for Grades 1-8; and Tuesday, October 6 for Grade 12 and the all-HS Photo. If, for some reason, you are out of town during those dates, or your child is ill, you can make an appointment with Sari at her home studio for after school on either a Monday or Tuesday.

Sari recommends wearing dark autumn colors and solids. For the optimal portrait, please avoid wearing bright colors, white t-shirts, or anything with logos/branding. Make-up photos will happen on October 27.

Parent volunteers are needed to help on Photo Day. You will receive a generous photo package in exchange for your time. Please contact Andrea Jolicoeur if you are available: andreajoli@summerfieldwaldorf.org.

TWELFTH GRADER LIA-SOFIA TROPEANO WITH FIRST GRADERS HAZEL MILCOFF AND MYLES SEMEL

(Continued from Page One)

for Sprites' Night, accompany them to class plays, and end the year leading them around the May Pole—it's a bond that gives the senior strength as well as the first-grader and, by linking both ends of the school, enriches our whole community.

As a first grader, I did not really understand the Rose Ceremony, but I could feel that it was something special.

First grade is just the beginning of a journey, the journey of learning about all the things this world has to offer and where your place is in it. It is incredible to see how fast the time flies by. Looking at our first grade buddies and imagining all that we have experienced in those twelve years brings me a feeling I cannot sum up in words. It was a moment in my life that I will always treasure. To look at these enthusiastic and bright-eyed seven-year-olds and picture myself standing there twelve years ago in their place gives me a sense of fulfillment. We come together in this ceremony to share a small glimpse of what is to come. Do we feel like those strong, confident, sure-of-ourselves seniors? Not all of the time, but it is comforting to know that in the eyes of the first graders we have it all figured out. After all, we've gone before them to show them the way.

~ Hana Stusser, Twelfth Grade

Life is a journey of many a mile It's not always easy, there'll be tears with the smiles Just walk in our footsteps, we'll show you the way And we'll give you a Rose on this special day

Chorus:

The Rose is Beauty, the Rose is the Good The Rose is the Truth we once understood Let Love be your guide, and again you will know When Love touched Nature, it created the Rose

You might stray from the pathway, get lost in the wood It can be hard to tell the bad from the good But we've gone before you to show you the way Just twelve years ago now, it was our first day.

(Chorus)

The Sun's loving light, makes bright each day You'll use all your senses to see Nature at play Then you look within and there you will find Your heart busy weaving the World and your Mind.

(Chorus)

Today is a crossroads on the journey of life A new beginning, step over, arise. Though we can remember, this moment is new So we'll mark it with Love's blessing, a Rose for you.





THE AUTHOR, HANA STUSSER, WITH HER
TWO FIRST GRADE BUDDIES, LULUA KUODAHROUCH AND OLIVER CAROTHERS

MORE ROSE CEREMONY PHOTOS IN OUR GALLERY AT SUMMERFIELDWALDORF.ORG

ROSE CEREMONY SONG BY JASON GROSS, HS HUMANITIES TEACHER

(Continued from Page Two)

evolution, most notably, the construction of our new "Art-Tech" building in the space formerly occupied by the blacksmith and woodwork tents. The new building will have multipurpose studio spaces suitable for a variety of art and technical classes, as well as a number of other uses. As it stands today, construction on this new building should begin sometime close to Winter Break this year. (Stay tuned—more info to come!)

Fiscally, the finance team continues to strive for improvements in efficiency at the school, while looking for ways to bolster income and financial stability. A flat budget for the 2015-2016 school year was presented at the retreat and approved by the Board, which means we will operate with very little financial leeway and very limited reserves. The school will continue to look to the community for ongoing support via Annual Giving, Farm to Feast, and other events. We can also use your help in the extensive committee work that often goes unseen by the bulk of the school community. Do you have specific skills in the areas of finance, site development, law, marketing, or communications? You don't have to be on the Board to offer your skills—if you are willing and able, we have a place for you. Let any Board member or faculty or staff member know, and they will direct you to the right place.

Thank you as always for the trust you place in us, and know that we strive daily to make Summerfield a strong, healthy, sustained and vibrant place.

See you around,

~ Jefferson J. Buller, Board Vice-President

10th Grade Play! Agamemnon BY AESCHYLUS

The play begins with a dramatic ending: after ten long years of Greek siege, Troy has fallen.



The citizens of Argos await the victorious return of their great king and war chieftain Agamemnon, expecting him to right the ship of state steered in his absence by his less-than-faithful wife, Clytaemnestra (still raging over her husband's blood sacrifice of their daughter Iphigenia at the outset of the Trojan War). When he arrives, together with his doom-speaking slave/mistress, the Trojan princess Cassandra, what kind of welcome will he receive?

Join our talented, committed actors as they explore, celebrate, and present the profound and amazing gift of undiluted Greek drama!

Thursday & Friday, September 24 & 25, at 7pm in Sophia Hall.

SUITABLE FOR SEVENTH GRADE AND UP

~ Kevin Simmons , HS Drama, Humanities & Choir Teacher

SAVE THE DATE High School Open House

Discover your passion ... **Challenge** yourself ... **Imagine** your future ...

The High School Open House will be on Saturday, Nov 7, 10am-1 pm.

The First Day of School

By Adam MacKinnon, Editor

The Lower School has a lovely tradition on the first day of a new school year. Classes and teachers from grades Two through Eight come together and share a little taste of what's in store for the months ahead. Teachers create their own artistic 'picture' to present and give a sense of what they will cover for their class. The variety makes for a fascinating and joyful welcome—a joining together that's full of song, poetry, laughter and warmth.

Classes arrive with their buddies: Second with Seventh, Third with Eighth, Fourth with Sixth, and sit together, the older students modeling focus and patient attention to the younger ones.

To begin, LS Coordinator Mr. Lloyd greeted everyone and, following a brief welcome to the new faculty members, Ms. Pothof led the teachers in a beautiful round sung in Latin.

And then, it was briskly on to the teacher presentations! For Second Grade, Mr. Smout invited the students to seek a saint... and, mimicking his actions, they pointed their finger out in front of them, and then turning it around towards themselves, they did just that!

It was now Mr. B's turn for Third Grade, but he had vanished! All that could be heard was some loud banging from the wings... he duly appeared with hammer, nails and two large pieces of wood, declaring he was going to build a house... on that very spot. A comic routine ensued between him and Mr. Lloyd, the latter pointing out he would have to think it through, that plans would be needed, permissions, a process... all of which was greeted with surprise and disappointment from Mr. B, who asked, "Do spiders have a plan when

they make a web? (Yes.) Do Eskimos have a plan when they build an igloo? (Yes.) Do I need a plan to teach Third Grade? (Yes.) I better get to work!"

Mr. Allen took us all on a flight high above the creek and the fields of Santa Rosa and the Laguna, through the eyes of a majestic bald eagle, and invited us to imagine we were looking down upon this very place long ago, seeing the streams, fields, trees, and the Pomo people living in harmony and wholeness with the land. But times changed, and many different people began coming to this place—if we could look down upon the routes of their journeys, we would see a richly woven tapestry, like the Norns weaving peoples' fates in Norse Mythology. Changes came too: fences and roads began to divide up the land from its wholeness into fractions. Thus our soaring eagle gave a glimpse into many Fourth Grade themes: local history and geography, fractions, the Norse myths, the animal kingdom and more.

For Fifth Grade, Ms. Goslow presented an Odyssey poem on the upcoming journey from the ancient civilizations through botany, to geometry, geography, and the glories of Greece:

Come, with your oars and your strength,
Set sail on the journey of Fifth Grade.
First in our travels: the Plants,
And the wondrous fall colors of Botany.
Then off to India we go,
And to Persia and Sumer and Egypt.
Guided by ancient wisdom,
We'll tackle Geometry's puzzles,
Never forgetting our fractions,
And their ten little cousins, the decimals.
Then through American Geography,
Till we reach the blue waters of Greece.
Balancing Heaven and Earth,
'Tis an Odyssey worthy of Fifth Grade.

Ms. Pothof created a picture of Sixth Grade like cracking open a walnut to reveal both light and dark. Her class will experience such a contrast between light and darkness in the topics ahead: in the Roman quest for law and order, in the Chivalry of Knights emerging from the Dark Ages, and on their mineralogy field trip where they will go from the light at the top of Mt. Lassen down into the shimmering darkness of the caves of Lake Shasta. Their year will also include a first look at the stars in astronomy, finding the points of light amidst the darkness above.

New to Seventh Grade, returning teacher Ms. Sternik outlined the year ahead as one of new perspectives, in art, in history, in science. She invited her class to look forward to explosions in chemistry and explorations into the Renaissance and the Age of Discovery, on a journey to a new awareness of human potential and creativity.

Mrs. MacKinnon stepped forward to speak about Eighth Grade, with a preamble that noted how eagerly her students had been awaiting news of their final-year play. After a dramatic pause... she launched into iambic pentameter (see below), the opening lines eliciting a loud gasp of excited recognition from her eighth graders in the bleachers (Mr. Lloyd was unable to contain his excitement also!):

Two households, both alike in dignity
In fair Verona, where we lay our scene.
From ancient grudge break to new mutiny
Where civil blood makes civil hands unclean.

From forth this day together we'll commence Committing lines of Shakespeare's to our hearts It's possible we'll all learn how to fence Build costumes and sets in Practical Arts.

We'll study revolutions, as bit by bit The rights of humankind come to the fore The rule of Church and King no longer fit And can't remain unquestioned any more.

Each week we'll bake fine fare for our dear school, The role of stewards gladly we embrace. Our dress code we will follow to the rule! In word and deed we'll model care and grace.

The rapid passage of our eighth grade year
And th'excitement of our far-flung trip.
Will sustain us while we washes the dishes drear,
Thus to noble freedom, steer our ship.



GINGER AND MINERVA, THE TWO NEWEST ADDITIONS TO THE FARM

And then it was the turn of the specialty teachers. Farmer Dan was first up, and he quite stole the show, dramatically entering the stage assisted by Ms. Wilde and carrying a table with a large, blanket-covered container on top. After explaining that on the farm he often talks to students about their care of the plants, today he wanted to acknowledge how much the students take care of the animals too... and with a flourish, he lifted the blanket to introduce to the students Ginger and Minerva, two enormous, and quite gorgeous, French Angora bunnies, new members of the farm community this summer.

Spanish came next, and Sra. Marcela (who is the Lower School's new full-time Spanish teacher, bringing the language to all eight LS grades), accompanied by her assistant, Sra. Mitchell, had prepared an extravagant dramatic presentation, with highlights from stories brought to different grades. The performance was complete with varied accents, costumes, dancing, song and *mucha energía*.

It was a tough act to follow, but Ms. Wilde evoked an awed silence from the students with a simple, but telling, account of the spindle—an ancient tool for spinning wool into yarn—and told of how transformative it had been in our history, quite possibly the tool that made us human.

Frau Bähr closed the circle of teachers by leading everyone present in a eurythmy hallelujah.

Finally, with a blessing on the year ahead, students were dismissed to return to their classrooms, class by class, in the care of their buddies. They had seen forward and back, pictures of things they had studied or would study in the years ahead, and received gifts, presented with humor and warmth, from each of their teachers of the material they are ready to be inspired by in the months to come.

PHOTO BY MIGUEL SALMERÓN

Annual Michaelmas Celebration

By Andrea Jolicoeur, LS Secretary

MICHAELMAS CELEBRATION ~ STUDENT WORKDAY, PAGEANT & COMMUNITY BYO PICNIC ~ FRIDAY, SEPTEMBER 25

REMEMBER TO BRING PICNIC DINNER, BLANFETS, PLATES & UTENSILS!

Michaelmas will be celebrated with a student workday, pageant and BYO picnic on Friday, **September 25**. During the school day, all second through eighth grade students will participate in projects to beautify our campus.

The Michaelmas pageant will begin at 4pm: a play and songs that the children will present about Archangel Michael's confrontation with the dragon, in aid of the besieged townspeople. It is a picture of the faith and the striving of human beings in preparation for the cold months, hard work, and difficult lessons of the year ahead.



Eighth Grade Drive to Help **Lake County Fire Families**

Families who have lost their homes in the Lake County fires are in need! We will be collecting anything you can spare of the following: tents, tarps, blankets or sleeping bags (esp. childrens); also toothpaste, hairbrushes, toilet paper, baby wipes (the only way most are staying clean), laundry detergent & quarters; new (in package) socks & underwear; games for children, crayons, books for 5-12-yr-olds; backpacks & school supplies; flashlights with extra batteries.

Please bring your items on Friday afternoon, September 25, to the Fire Drive table after the pageant.

Thank you! ~ The Eighth Grade



MICHAELMAS NOTES **PLEASE READ!**

- NEW THIS YEAR: To simplify the event, the community meal after the pageant will be a BYO picnic instead of a potluck. Please bring a picnic dinner for your family, and the school will provide bread to share with fresh butter and apple cider from the farm.
- Children must be under the supervision of their parents as soon as the pageant ends.
- Parents may be asked to bring tools from home for their class' workday activities (during school hours)—label with family name!
- Classes Two through Eight and a few high schoolers perform in the pageant.
- In the lead-up to the day, parents may be asked to assist with costume fittings and alterations.
- Each class will ask a few parents to provide a healthy, hearty snack for the entire class to eat at 3pm.
- Students will stay with their class from 3pm until after the pageant.
- In the lower grades, a few parents may be asked to help get the children dressed for the pageant, between 3:30 and 4pm.
- We ask that families arrive by 3:45pm in order to be settled on the grass in back of the lower school buildings by 4pm when the pageant begins.
- Pageant begins at 4pm & lasts approx 45 mins.
- Bring blankets for seating along with your family's picnic and personal eating utensils, plates and cups. The school will not be providing paper products for the meal, so please remember to bring what you need!
- 7th and 8th grade parents are in charge of the clean-up after the pageant and picnic.
- Please be sure to let your teacher and Viviana know if your child will need to be in Aftercare after 4pm.

Thank you, Andrea Jolicoeur

Sprites Night Planning Begins!

Sprites Night will be held this year on Saturday, October 24. As always, Grades Three and



Four are in charge of organizing this event with the Sprites Night Committee. We'll begin our official planning meetings on Tuesday, September 29, 8:40-10am, in the Music/Aftercare Room and we'll continue for the next three Tuesday mornings up until the event. Everyone is welcome, but attendance by Third and Fourth Grade representatives is especially requested.

For those of you who are new to Summerfield, Sprites Night is our annual alternative to the commercialism and 'sugary focus' of Halloween. Lower School classes organize and present scenes on the beautifully lit Pumpkin Path and warm food & drinks are served as a fundraiser for the Eighth Grade. Look for more information in the upcoming mini-messengers as the event gets closer.

~ Andrea Jolicoeur, LS Secretary

Apples Wanted!

The After-School program is looking for donated apples for their snacks, as well as for making goodies



for the Snowflake Shoppe.

We would be willing to come pick them up if you prefer.

Thank you, Viviana

A Truly International Spanish Lesson

By Sra. Marcela, LS Spanish teacher

The apples are ripe, the children's laughter at recess fills our beautiful campus, and an "international" air is truly felt during our first Spanish lesson in fifth grade.

Fiesta or *Siesta*? Changing only one letter can create confusion, misunderstanding, and hurt feelings. That was the root of the first funny anecdote that I shared with my dear fifth graders from the time I was their age. (Yes, I will share it with you, too, if you want to hear it, but you must visit me during lunch duty at the far west back field on "*lunes, martes o miercoles*.")

We laughed a lot, and then I asked them if they have experienced a similar situation with someone in their life. A couple of children shared their anecdotes, and then our new student from Brazil timidly asked permission to share hers in Portuguese. Some of the students looked at me with a perplexed face when I said "Yes, of course, I will translate for you." (Don't let me fool you, I do not speak Portuguese, but I can understand some.)

As I started to translate in Spanish, another student told me: "I thought you were going to translate in English!" "No!" said another child, "Spanish is fine!" After we were on the same page about the student's anecdote, we remembered something from last year, and I mentioned the word "vacations." An attentive student quickly, but kindly, corrected me to say there was no need in English to put that "s" at the end of vacation. I apologized, pointed at the "s" in the Spanish word, and tried to correct my English pronunciation. Another student said, "Not to worry Señora, my grandparents are from Iran, it happens to them all the time—they put "s" at the end of many words too."

Then our dear new friend who recently came from "Rusia" got interested! I could see it in his face, so I asked him warmly: "Please, how do you say "Vacaciones" in Russian? He tried for a moment, but was probably overwhelmed with the whole language situation and told us: "I forgot." "Imposible" I said, "How long have you been in the USA?" "Three weeks," he said, looking really tired. "Ah no, you can't forget so quickly your native language!" I responded, "Your first Spanish homework will be to ask your mom how to say 'vacation' in Russian."

The lesson continued and the child finally remembered his beautiful language. He said the word, "oтпуск." I tried to say it... he corrected me. I said it again, and then encouraged the class to say it with me, too. We all tried our best, the boy laughed, we all laughed, and then I said, "Would you please be so kind as to write the word for us on the blackboard?"

"Yes!" says a dear student, "Write it with Cyrillic script please!" He wrote the word and apologized for writing an "English" version of it as he is trying to



help us to learn to say "vacaciones" properly! We all laughed again, and then I heard in the back: "With \tilde{n} !" "Yes!" I said, "It has the \tilde{n} sound, good ear!" From Colombia to Brazil, from Iran to Russia, and then beautifully we land at the \tilde{n} !

There is more in our lessons than just learning the language: "La vida es bella."

Running Off to the Circus...

By Don & Sieglinde Basmajian, Circus Waldissima



Blaze & Dave, who taught at *Circus Waldissima* and dazzled our tent with their Trapeze and Knife-Throwing acts, invited Frederick Andersen and our son Florian to travel with the Flynn Creek Circus in northern California this summer.

Former Summerfield student and Circus Waldissima teacher, Wendy Harden (sister of Fourth Grade teacher Mr. Allen) and her husband Nick, performed acrobatics on a unicycle and Summerfield's Chris Harmon joined the tour on Teeter Board.

It was a great learning experience for everyone. They joined other amazing professional performers with years of experience and returned to Summerfield filled with much enthusiasm for our classes that begin in September and the shows that will follow.



Summer's End

By Farmer Dan

There was a film a few years ago titled "The Endless Summer" about some golden-haired surfers who spent their entire year easing along with the sun down into the southern hemisphere, following summer and the largest waves they could find to surf. Coming from Minnesota where it was commonly expressed that there are nine months of winter, followed by three months of poor sledding—it was easy to fantasize about summers that did not really end when school began. The flower beds had to be covered with old sheets and bedspreads by mid-September to protect and preserve from early frost any colorful blossoms hanging on for dear life. Even now when I help a student with a task on the farm and they thank me, I have the habit that my father had of responding, "You are as welcome as the flowers in September", which is to say, you are very, very welcome.

Twice this past week as I started my car on the farm after school, it told me the temperature was 109 degrees. By the time I got into central Santa Rosa, it had cooled down to 103 degrees. So the "dog days" of summer are still present while we all hope for the El Niño to give us a hearty soaking by year's end. Nonetheless, Farmer Dana's foresight and perseverance, over the years since he

has been Summerfield's farmer, to install a farm-wide drip irrigation system, coupled with a deep well, has helped us with another plentiful harvest.

So, yes, all the little munchkins are back to their farming classes, as are some bigger ones as well. With large machines rumbling through the farmyard installing the muchanticipated new septic system (including a pair of huge, elongated mounds through the sheep pasture) it has been noisier than usual, but we are hoping to be finished with the work by October so we can carve pumpkins, once again, to the sounds of cows mooing and birds singing... and still proceed with much-needed building projects.

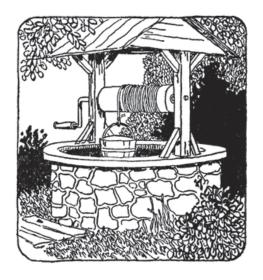
After another successful summer Farm Camp, well attended and taught by one of our most capable group of farm staffers ever, we have been shifting gears towards the potato harvest with the lively, industrious third graders, with additional help from fifth and sixth grade farmers. The potatoes are a bit smaller, but healthier and more plentiful than ever, so the wheelbarrows are rolling towards the root cellar on a regular basis, one step ahead of the voracious gophers who, because of the parched wild areas, are running towards well-watered gardens and farm fields. (A recent Healdsburg article on the prevalence of gophers in our gardens this year recommended attracting natural predators like owls and foxes by trapping a few gophers and leaving their carcasses where natural predators can find them, there by re-establishing a natural defense system.)

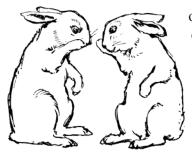
Also, soon ready for harvest is a bountiful crop of various types of onions that are brought in to put on the greenhouse tables

to dry for a couple weeks before bagging; corn for polenta that is fifteen to sixteen feet tall!— another bumper crop this year that the Kindergardeners in particular love to walk through as it towers overhead; hard beans for shelling; and, of course, winter squash and flaming orange pumpkins peeping out of their green cover as the large leaves die back in the heat. With the third graders, we are also off apple-picking this week, in hopes of gleaning fifteen or sixteen bushels for fresh pressed cider to slake the thirst of the Michaelmas festival-goers, as well as to put up twenty or so gallons of dried apples with the first and second graders for healthy winter snacking. So no shortage of tasks to take care of before the heavy winter

We also have two new long-haired French Angora bunnies on the farm (featured elsewhere in this *Messenger*) that need constant brushing for their prized fur, to be spun and woven into warm mittens or scarves in the Handwork classes. Sisters "Ginger" and "Minerva", born April 10, are the star attractions

rains come!





on the farm just now; and, if the duck pond gets extra cleanly scrubbed and the chicken house

floor cleaned well enough to "eat your dinner off of", then you just might be lucky enough, if you are a fifth grade animal chore student, to have a turn brushing and cuddling, instead of cleaning—no bribery involved, of course.

Finally, hats off to the eighth graders who have been busy canning fresh tomatoes

for marinara sauce with biodynamic onions, garlic and spices galore, plus creating freshly prepared kale chips and numerous other tasty, nutritious treats—all available Thursdays at early pick-up in front of the Finance Office to raise funds for their class trip before they graduate next June. Please support them financially, and yourselves and families nutritionally, by stopping by for a purchase or two.

We are trying to teach the children a little bit about how life begins at the end of their comfort zone as they work on the farm, bearing conditions the natural world brings towards them as it informs in miraculous ways. Working in the natural world is food for the soul and fodder for the artistic endeavors undertaken in the classrooms. (Aristotle, writing in the 4th century BC, wrote that "Generally, art partly completes what nature cannot bring to a finish, and partly imitates her.") There is a method behind the children's exploits on the farm and, then sometimes, in self-reflective moments while exploring the farm with the new Kindergardeners, I do wonder, "Who am I to summon these excited, curious little people to come back to walk by my side, obediently?" I'm reminded of words wisely written by a reflective mother, Angela Schwindt: "While we try to teach our children all about life, our children teach us what life is all about."

Early fall blessings from the Summerfield Farm staff.

Warmly, Farmer Dan

Farm Stand News

By Farmer Dana

Harvest season is in full swing on Summerfield Farm!

Our Third Grade just finished harvesting some of the most beautiful German Butterball potatoes we have ever grown, and our farm stand is full of



delicious biodynamic fruits, vegetables, eggs and yogurt.

You can support our school by buying most of your produce from our farm stand. We harvest every morning, but if we are sold out of anything we'd be happy to harvest it specially for you.

We also have our regular Volunteer Day happening on Tuesday mornings. We work from 9am until 12:30pm, taking a break at 11am for a potluck snack. Don't forget to bring a sun hat and water bottle.

Hope to see you out on the farm!

gr8 Market Returns!



Come and enjoy fall's bounty at the Eighth Grade Market **every Thursday from 12:30-1:15pm**, (only until Thanksgiving), a fundraiser for the Eighth Grade Trip to Labyrinth Canyon, Utah!

Each week we always have delicious homemade treats at prices that will make you smile. But that's not all! The eighth graders are cooking each week with moms Addie and Kristien and Farmer Dan, making 1lb bags of homemade granola, trail mix in snack packs and, from our own farm, biodynamic kale chips in snack packs, and canned tomatoes and tomato sauce to take home for dinner. We're also offering easy gift ideas: jars of lavender bath salts, hardy succulents and, soon, hand-dipped candles!

~ Kibby MacKinnon, Eighth Grade teacher

BURRITO VIERNES UPDATE

The Eighth Grade aims to please with *Burrito Viernes*! All burritos are kids' size, with just organic beans and cheese, no rice. Gluten-free and dairy-free options are available.

For students who want larger than 1/2 size, they can upgrade to a full size for \$2 per week.

For students for whom one burrito is not enough, order a second full size for only \$2 more per week! This offer is only for second full-size burritos for one student.

Upgrade order form is here: goo.gl/gBDdmn Thanks for supporting our fundraisers!

SWSF STUDENTS PERFORM IN CHINA AND EUROPE

By Cynthia Albers, HS Orchestra Director



How do you get to Beijing or Prague? Practice, practice, practice!

Musical diligence paid off this summer for several Summerfield students, resulting in a dream-opportunity—an international music tour.



Traveling to eastern China in June, Santa Rosa Youth Orchestra musicians Lucinda DeNatale (alumna), Austin Kamin (Twelfth Grade) and Amelie Schlager (alumna) performed in Beijing, Hangzou and Shanghai.

Across the globe in June and July, Sophia Conti (Twelfth Grade) performed with the San Francisco Symphony Youth Orchestra. Her eighteen-day tour included concerts across Italy, Germany, Holland and the Czech Republic.

Both orchestras enjoyed sightseeing and local cuisine between concert destinations as part of their unforgettable trips.



HS Open Week: Horseback Riding

By Angela Pryor-Garat, HS Spanish Teacher

This is the seventh year that we have taken a group of at least ten Summerfield students horseback riding in Point Reyes National Seashore South District. These Open Week trips have evolved into an amazing before-school-starts way to prepare for Summerfield's



High School, meet other students, interact with upper and lower classmen, and get to know our faculty and mentors better. These trips have become about connecting and creating friendship bonds that often last throughout high school.

The first time my husband (soccer coach and school Business Manager, Ignacio) and I put on the trip, we were both excited and terrified. We had recently adopted two racehorses (Summer Jazz and Hampton Way, now famous Waldorfian horses that regularly salute our children behind the seventh and eighth grade classrooms) and were in the process of re-training them. We had never trail-ridden in Point Reyes but grew up riding and training horses in Argentina. All went extremely well on our first trip and thus, the beginning of an era started.

Now, after many amazing trips, we can say we have lost our shyness and so have our students. We have had no accidents (except for a landing on my *derrière* when showing off after the beach ride two years ago) while riding more than fifty miles in four days each year.

We camp at the Olema Camping Grounds and cheat somewhat as we have the clubhouse for cooking every evening. We keep our horses overnight where we rent them for the students at Five Brooks Farm. Andrew, the owner (originally from Hamburg, Germany) takes good care of his horses and of us every year, and provides wonderful guides who are excited to hang out with such polite and well-behaved kids.

Students arrive at the stables in the morning with a packed lunch and water. They help saddle up after they pick their horse with Andrew based on their confidence or ability. They mount their steeds and get in line, ready to ride off into the hills. Up and down beautiful trails we ride through fields with cattle, the beach, by the ocean, on high ledges overlooking valleys, ponds and lakes. At times we are silent, mindful of birds and views, at others we are all holding tight, giggling and dizzy with excitement as we canter like a wild bunch, following the horse ahead, hoping we don't lose our balance.

Every day ends with students helping to unsaddle, watere and shower horses, giving a carrot treat to each equine friend, and driving the five-minute road back to camp, covered in dust. Showers are precious and much appreciated, before the warm

cooked dinner that waits in the clubhouse patio.

Each year it has been about learning more about ourselves, each other and our relationships—with horse and peers—while enjoying the beauty of a haven we have been entrusted to protect.

enjoying the beauty of a haven we have be entrusted to protect.

[EDITOR'S NOTE: YOU KNOW HOW YOU WAIT FOREVER FOR A HORSE... AND THEN TWO COME AT ONCE... SEE NEXT PAGE]



... & Wild Horse Sanctuary

By Lena Haug, Alumna (Class of 2009)



The dust coated our legs and arms, sticking to sunscreen on our skin. It was hot

and dry, but the adventures of our day called us on another excursion. Our group of eleven Summerfield students, art/music/German teacher Isabel Wundsam, and horse-specialist Lena Haug re-emerged into camp tired but vibrating with what we discovered at the Wild Horse Sanctuary in Shingletown, CA.

Wild horses roam the 5000-acre sanctuary in small herds, maintaining their basic freedoms of forming families and establishing territories. These horses are there because of BLM (Bureau of Land Management) decreasing its space allocated for mustangs in the western United States. With less space, America's wild horses horses stray onto private land and can be sold for slaughter or are rounded up routinely by the BLM routine round-ups and packed into the alreadycrowded holding facilities. A sanctuary like the one in Shingletown is an alternative life for the lucky few.

Being with wild horses is the perfect opportunity, for students and teachers alike, to observe and study the behavior of natural beings and to relate their rhythms to our own relationships in life. Horses in the wild live in families with a clear female lead, a dominant stallion and the rest of their band in tow. The stallion protects and organizes while the lead guides and quietly makes the most important decisions. Even those students new to horses, could watch a stallion snort and throw his head in the direction of

another approaching male, warning the male inclosing he's already stepped too far in the direction of his herd. There is a language between the animals that we could sense even before the stomping and snorting started. We could feel it and read its intention in the air. Horses are clear, deliberate and fair. They never lie to one another and don't hold grudges. We can learn a lot from their behavior in our own lives.

Because we were all up for an adventure, on day one of our week at the sanctuary we hiked west into the unknown horse territories. We followed thin paths made by the horses' many hoofbeats, looking for some kind of artifact that we could take back and paint later. After an hour twisting and turning, following our clear scout of the group, we stumbled upon what at first looked like a few scattered bones. We quickly discovered a graveyard of bones beneath the small oak trees and brush. It was a magnificent find, as wild horses tend to hide at the end of their lives, their bodies decomposing unseen back into the earth. We found over forty skulls, learning about horse anatomy and how to age them from their teeth. The group reveled in the beauty and perfection of the bones, and sat together in council expanding on our history and the people important in our own life's path. We left the mysterious graveyard with a few bones to later paint and retell a story with.



On another day, we decided to embark on a nearly impossible treasure hunt. Somewhere on the 5000 acres was a long



lava tube, created in our ancient history from when Mt. Lassen last erupted. Topography map in hand and a general direction, the group discussed and navigated our way for hours. We crossed dry river beds, pokey brush forests, lava rock meadows and a few stray donkeys. We swept hillsides, and developed new hopes and uncertainties. Without a path to follow, who was to tell us we were even in the right place? We stopped and gathered ourselves once noon presented us with an even hotter day. We stuck our heads together and made a plan. I can only say the students worked as a herd, with a clear lead, dominant and passives, each essential in our group's success. We gave it one more hour of searching and then decided the lava tubes were best unfound. But somehow, we found the cave.

Nobody needed to say it, but the air vibrated with excitement. Who knew how far down the caves went, or who had been down there before? As a group we entered and discovered the underworld of a cool, dark and quiet cave. It was a total contrast to the dusty hot land above. The thrill of looking for the lava tube, and then actually finding it, left the group reveling in a spirit of adventure for the rest of the week.

More excitement and inspirational conversations filled this Open Week for a memorable end to the summer. There was a balance of being with the horses, observing and interacting with the curious ones, and exploring our own tendencies within. There will always be the un-followed path to explore and the treasures to be found in life, but it's our own will and herd that will get us there.

OTOS BY LENA HALLG

Fall is for Accreditation!

By Heather Concoff, HS Counselor

Cooling nights and colorful leaves mark the coming of fall. We are excited that we will be able to share the beauty of our campus and farm with our all-school Accreditation Visiting Team this October 19-21.

As a part of our ongoing improvement and certification as a school, Summerfield Waldorf undertakes a regular accreditation with WASC (Western Association of Schools) and AWSNA (American Waldorf Schools of North America). We will go through this joint accreditation process October 19-21st. Note: The WECAN (Early Childhood certification) was completed last year and just received the full five-year accreditation!

Summerfield teachers and staff have been diligently preparing for this visit over the past years. This has resulted in our 2015-16 Self Study (which you can read on our website here: goo.gl/wEcCTC). The spring 2015 Parent Survey results also guided goals and action items for upcoming years.

We are excited to show off our school and the special programs we are able to offer the children. Seven Visiting Team members will be all around our campus. They will visit classrooms as well as meet with Administration to certify the quality of our programs. If you see them, please say 'hello', and answer any questions they may have about the school.

Before they leave on Wednesday, October 21, they will deliver their commendations and recommendations to the school community, so please join us! We will meet in Sophia Hall right after school at 3:15pm. This meeting will last 20-30 minutes.

Thank you in advance for helping us to be terrific hosts to our Visiting Accreditation Team members.

If you have any questions, please contact Sarah Whitmore, Jamie Lloyd, or Heather Concoff, the Summerfield Leadership Team for the visit.

Professional Business Directory

By Caryn Shapiro Stone, Development Associate

Calling all Summerfield families, past and present. We're launching an online Summerfield Professional Directory!

Participating in the directory is a great way to get new business, help strengthen our community and support our friends. List your business today for free by using the online form here: goo.gl/l3vTuA.

Submissions are due by September 28, with opportunities for additional updates in the spring. Please contact Abigail Greene Ryan with questions: abigail@prettyvictorian.com or 415-203-5787.

Annual Giving Campaign (AGC)

Thank you to those who have already pledged! This year our AGC goal is \$250,000 and we hope for full participation by parents, faculty, staff and Board of Directors. You can expect to receive our AGC brochure in the mail in October, and all classes will soon have an AGC Rep to help with communication and to guide the campaign. ~ Cyndi Yoxall, Development Director

Make Your Money Meaningful!

By Cyndi Yoxall, Development Director

Did you know there are schools who make up to \$40,000 a year, without it costing the parents anything? We could help fund a new culinary facility or help with the Art-Tech Building, simply by putting a little effort towards mindful shopping.

The Development office has found a dedicated volunteer to help spearhead a strong eScrip campaign. Please help our efforts by keeping an eye out for information, signing up for eScrip and registering at places you already shop (Oliver's, Whole Foods, Starbucks, Target, REI, Hanna Andersen, Amazon, etc.)

COMING SOON! We will publicize the current eScrip program to the community, letting you know about new opportunities and easy ways to help. We are asking that each family do their best to participate in some way. We will also find ways to help get you signed up. Look for weekly tips via our Facebook page on how you can do your part. Interested in helping? Contact development@ summerfieldwaldorf.org.

MARK YOUR CALENDARS FOR **UPCOMING DEVELOPMENT EVENTS**

Grandparents' & Special Friends' Day

Wednesday, November 25

A special day to visit the school and farm and enjoy a special assembly featuring our students. To help with invitations, please make sure we have your child's grandparents' information on file. This event does not include parents.

Alumni Event Friday, December 26

A fun celebration to maintain old connections and build new ones. This event takes place on campus over Winter Break and includes food, beverages, music and a nostalgic display of old photos and memories. Volunteers needed!

Farm to Feast 2016 Auction and **Dinner on the Farm** *Sat, May 21, 2016*

This event will take many hands in many areas and is so much fun! Farm to Feast always sells out—mark your calendars now for this special afternoon/evening, adult-only event on the farm.

Parent Education

A MESSAGE FROM THE COLLEGE

Following on from the initial classes offered last spring, the Summerfield College of Teachers is delighted to announce more on-going adult education opportunities, provided once again by Kate Hammond, a Waldorf adult educator and early childhood teacher with a special interest in how parents can support their children's natural development through the insights of Rudolf Steiner.

FNRICHING FAMILY LIFE

This series of three workshops will look at aspects of enriching family life. Each workshop will consist of a presentation and a discussion time. Wednesdays: Sep 16, Sep 23, Oct 7, 7-9pm at Summerfield. \$90 per person for the course of three workshops, or pay \$30 per workshop. Contact Kate Hammond by email at 2katehammond@gmail.com or phone 415.259.1505 to register or find her outside Grade 5 at 3pm pick-up.

WORKSHOP 1: RHYTHM, RITUAL AND ROUTINE

As human beings we are free to create our own culture within our homes. How can we incorporate some of the insight Rudolf Steiner brought to inspire and deepen our family life? In this workshop we will explore how using routines, rhythms and rituals can enrich and inform our homemaking. We will work together to build a picture of what a life-bringing rhythmic home can be and discuss ways of achieving this. We will look at how to nurture both the physical, soul and spiritual aspects of family life.

WORKSHOP 2: IMAGINE: THE ROLE OF STORY

In Waldorf schools children are taught through stories. Why is the imagination given so much importance? Can the development of inner pictures balance out the images we receive through visual media? In this workshop we will discuss reality and imagination and how we can use metaphor as a tool in helping our children with understanding the world, cooperating with others and deepening perceptions. We will look at stories at home—from simple rhyme-stories to the use of healing imaginations.

WORKSHOP 3: CELEBRATIONS AT HOME

How can we celebrate festivals, birthdays and other important events in a meaningful way? In this workshop we will look at how to create your own traditions and rituals, by discussing fall festivals. What are some of the ways we bring such archetypal pictures to our children in ways that are meaningful and true to our own beliefs? What is the meaning behind festivals and celebrations?

SPIRITUAL TASK OF THE HOMEMAKER

In this workshop we will deepen our lives in the home. Building on an anthroposophical understanding of the human being, we will look at how we can incorporate the spiritual in our parenting, our rhythms and our cleaning! Monday mornings 8.45-10.15am. Sept 14-Nov 23 — 10 sessions up until Thanksgiving — \$15 per person per session or \$150 per person. Contact Kate Hammond by email at 2katehammond@gmail.com or phone 415.259.1505 to register or find her outside Grade 5 at 3pm pick-up.

CRAFTING OUR LIVES

This is an on-going regular crafting group making crafts for the Winter Faire. We meet every Wednesday from 8.30-10.30am in the Aftercare room. Children welcome. Please bring a monetary or material donation—which will go towards the craft items. Contact Kate Hammond by phone 415.259.1505 or email at 2katehammond@gmail.com, or just join us in the Aftercare room.

2016 SUMMERFIELD WALL CALENDAR COMING SOON!



Following the success and popularity of our first-ever school-wide fine arts Wall Calendar last year—which reached more than 50 schools nationwide and netted over \$10k for SWSF as a fundraiser—we're making another one!

Once again, the Calendar will cover 15 months (Jan 2016-Mar 2017), and highlight the beautiful and varied visual arts projects created by students in all the grades.

It will go to the printers soon, and we expect to have copies available for sale in the office, at events, and online, by mid-October.

Winter Faire Event & Vendor Coordinator!

Do you love Winter Faire, organizing events, working with people and creating beautiful, fun experiences for children? The school is looking for someone to work with the parent volunteers on the Winter Faire Committee and the LS Secretary to produce one of our loveliest events of the year. Please contact Andrea Jolicoeur for more details if you are interested: 575-7194 x101 or andreajoli@summerfieldwaldorf.org.

The Messenger Marketplace

Summerfield Waldorf School and Farm is not affiliated with, and does not endorse, any of the individual initiatives or services advertised in this classified section. Advertisements are screened for appropriateness and made available to community members to use at their own discretion

Classes/Training/Camps

Circle of Hands Classes: 6780 McKinley St. #120, Sebastopol, in the Barlow • 707-634-6140 •

- circleofhands@sonic.net •
- www.circleofhandswaldorfshop.com •

Meet Making Peg Dolls author and craftswoman, Margaret Bloom: Book-signing of her first book + new one Making Peg Dolls & More,

plus she'll help you make a sweet butterfly fairy peg doll to fly home with you. Lenka Vodicka-Paredes, author of Forest Fairy Crafts will also be there! \$1 per fairy, or 3 free with book purchase. Fairy only takes 10-15 minutes to make. Sat. Oct. 17, 1-4pm. No dep. or prior reg. required—just come! (See Circle of Hands Facebook page for photos.)

Sugar Skulls for Dia De Los Muertos: Make up to three skulls with Emma Mann. Pre-register for amount of skulls you'd like to make. \$5 per skull/\$5deposit required. Sat. Oct. 24, 1-3pm. All materials included.

Sewing Classes for Kids Ages 7 and Up

Offered by Bowl & Spoon STITCHCRAFTS. Private instruction, weekly group classes and workshops. Call about our Back-to-School Specials! Located in Sebastopol, CA. www.bowlandspooncrafts.com, bowlandspooncrafts@gmail.com. 707.889.6888.

Fall Cleanse Group 9/28. A Great Way to Prepare for Cold & Flu Season!

An Integrative Mind Body Purification Program co-facilitated by Dr. Pamela Gould, ND and Aimee McConneloug, Somatic Practitioner. The Group Food Cleanse starts September 28, Monday's 6-8pm. Benefits include: better sleep, increased energy, better digestion, and awareness of emotional eating. Flyer and registration info: drpamelagould.com/fall-cleanse-sebastopol.html Contact: Pamela: (707) 486-1964, drgouldnd@att.net Aimee: (707)328-1785, earthembody@gmail.com.



Sophia's Sunday Circle A Spiritual gathering for families and individuals Monthly from 10 a.m. to 11:30a.m.

> The greatest thing in the world is to come to know God as Love."

Embracing a compassionate, creative, and inclusive Spirituality

Sophia's Sanctuary 2836 Bloomfield Road, Sebastopol sophiassanctuary.org 707-827-3536/ Donations Only Led by Linda Delman and Sophia community members

Individual and Couples Therapy 20 years

Downtown Sebastopol office

Specializing in: Transformation for Individuals and Couples; Depression; Anxiety

vipassanaesbjornhargens@gmail.com

707.823.1400 | www.integralhumanbeing.com

Vipassana Esbjorn-Hargens Ph.D. | Psychologist | PSY#20879



Services

Nourishing Meals for Busy Families

Custom family meals hand delivered to your home. All meals and kitchen staples are created using organic local ingredients and immune supporting herbs to keep the whole family vibrant! For more info on monthly packages, email sarahkate@thegreatkosmickitchen. com

Violin, Viola, and Piano Lessons

All levels - Reasonable rates - Over 30 years teaching experience -Former Waldorf strings instructor - Masters in Music - Professional musician. Please contact: Felicia McFall - famcfall@comcast.net -(707) 528 8864.

Singing and Piano Instruction with Mary Beard

I am an experienced teacher, a Summerfield Waldorf founding parent and original creator of the school's instrument music program. My studio is located in Santa Rosa. Please visit my website marybeardmusicstudio.com. Contact me at marymezzo@sonic.net or 707-546-8782.

Now Accepting New Clients in Sebastopol!

Allie A. McCann, MFT, ATR-BC, Phone: (707) 219-8484, email: mccannmft@gmail.com. Allie is a licensed Marriage and Family Therapist and Art Therapist. She is a Waldorf-inspired mother of two and is sympathetic and supportive of Waldorf-inspired values and lifestyle choices. She supports children, adolescents, parents and adults, specializing in anxiety, mood, behavioral and relational issues, life transitions, and grief and loss. Allie has a holistic view of health, tending to mind, body, and spirit. She incorporates both art and a connection with the natural world into her healing practices.

GirlSelf group with America Worden

10 week group for 7th grade girls aimed at strengthening their sense of self, making clear choices, and fostering creative responses to the challenges girls experience as they enter adolescence. Group meets Mondays 4-5:30 beginning Oct 1st at the Window Tree Studio in Healdsburg. Cost (including materials) is \$440. Parents will be involved and supported with resources throughout. Please see www. americaworden.net for more information, call (707) 280.1466 or email americaworden@gmail.com.

For Rent

1Br Guest Cottage on Country estate. 7 minute to school. Fully furnished, full kit. with gas stove. W/D. Beautiful Vineyard views, with private patio. Ideal for 1 person. Must be non-smoking and dog friendly. \$1850/mo + Util. Call Edie Otis 707-291-9361. Avail. 10/1.

Looking for a Quiet Space to Park our "Tiny House"

We are off the grid, except for water. Our tiny house is 26 foot long and about 8 feet wide. We have a deck in the front and will need some space for our solar panels. It is two of us, my husband Roger and me, (Renate, SWSF Eurythmy Teacher) and we have two big dogs who are friendly and not barkers but need some kind fenced in area. We are looking to move around winter break. If you know of anything, will you, please, let us know? Call 707-328-7132 or rerolundberg@gmail. com. Thanks so very much!

Searching for House to Rent

Summerfield family of four seeking a sunny and quiet property within reasonable commute to school. Ideally it will have 2-3 bedrooms 1+ bath, and an office with pleasant and safe outdoor space for children to play. ozjmn@yahoo.com or 707.703.5018.

Rick Concoff Violins

Quality string instruments for rent or sale at below-market best prices. Rent to own as well. Accessories available too! Call Rick at 823-3916 for an appointment.



HOLISTIC FAMILY DENTISTRY Dr. Marie Mallory, D.D.S.



Trained in Germany and in the U.S., Dr. Mallory delivers preventive, restorative, cosmetic, endodontic and orthodontic dentistry with gentle impeccable care for children and adults.

Healthy Alternatives ~ Quality Supplements Mercury/Metal Free

76 DOCTORS PARK DRIVE, SANTA ROSA ~ 542-7800 BY APPOINTMENT: MONDAY – THURSDAY, 8AM – 1PM, 2PM – 5PM

Advertise in the Messenger

Summerfield's Messenger newsletter is published once a month during the school year, and has a distribution list of 1,000 people! If you are interested in advertising in the Messenger, please visit our website at www.summerfieldwaldorf.org, or email messenger@summerfieldwaldorf.org for more information.



Thinking of buying or selling a home?

WALDORF MOM,
ABIGAIL GREENE RYAN
UNDERSTANDS THAT
HOME IS WHERE THE HEART IS.
CONTACT HER TODAY TO DISCUSS
YOUR REAL ESTATE NEEDS.

PRETTYVICTORIAN.COM
ABIGAIL@PRETTYVICTORIAN.COM
415 203 5787



10% of my commision goes to : GLOBAL PARTNERS
The Mulberry Farm, A Waldorf Center For Curative Education CalBRE # 01956014

Caring for the Hidden Destiny of Your Child a talk by Sanford Miller



Friday, October 2 at 7:30 pm

Eurythmy Barn Summerfield Waldorf School & Farm 655 Willowside Road, Santa Rosa

\$10 Donation

No one turned away for lack of funds

Sanford Miller is a priest of The Christian Community, a movement for religious renewal out of esoteric Christianity, who has spent his life steeped in Anthroposophy. He is father to five children and grandfather to six. Sanford is insightful, inspirational, funny, beloved, and not to be missed.

For further information on The Christian Community events in Santa Rosa call Elinor Biller at (707)542-5744

Michaelmas Celebration for Families



SUNDAY, OCTOBER 4 2 pm to 3 pm Eurythmy Barn

Summerfield Waldorf School & Farm 655 Willowside Road Santa Rosa

featuring

'Tom Tit Tot', a marionette show performed by Paul Thaxter Singing and Dancing led by Theresa Roach Melia

Paul Thaxter has worked with marionettes for over 35 years, presenting in California, Mexico, and Peru. In 2000 and 2001, he taught his craft at "Schiller-Goethe", the Waldorf teacher-training institute in Lima. Tom Tit Tot' is a folktale from England, a very lively and lesser known version of the Rumpelstiltskin theme.

Theresa Roach Melia has worked with children primarily as a kindergarten teacher for more than 30 years. She is a mother and a poet.

Call Theresa at 824-0645 for questions.

Everyone welcome. Free admission.

Children's Event sponsored by The Christian Community in Santa Rosa



Understanding Your Child Two workshops for parents & Teachers



Summerfield is delighted to announce a special partnership with the Center for Educational Renewal to present these two courses in parent education for our school community. Register soon—space is limited!



THE 9-10 YEAR OLD CHANGE: BECOMING AWARE OF THE EMERGING SELF

TWO MONDAYS 3:30-5PM, SEP 28, & OCT 5 AT SWSF IN THE THIRD GRADE CLASSROOM

At 9-10 years old, the child "Crosses the Rubicon" from early childhood into the tween years. Some call this experience a time of crisis but, if we look deeper, we can see the unique "Self" awakening. (Advertisers coined the word "tween" as a group to lure into shopping so they could increase profits.) We will explore the experience of the emerging Self and how the parent can give support through this phase of life in a world that tries to draw them into the teen years before they are ready. COST: SLIDING SCALE \$50-\$200 REGISTER: EDRENEW.ORG

FROM TWEEN TO TEEN

THREE MONDAYS 3:30-5PM, OCT 19 & 26, & NOV 2 AT SWSF IN THE THIRD GRADE

This workshop will explore the experience of young people as they move from the Tween years into Puberty when they become "Ripe For The Earth". We will explore issues facing youth from 12–14: the birth of thinking and sexuality, how to speak and listen to your child, discipline, falling in love and the crush, and the development of the human heart. Movement and art can bring needed support and nourishment to teenagers.

COST: SLIDING SCALE \$50-\$200 REGISTER: EDRENEW.ORG

Both workshops will be led by Don Basmajian, who has been a Waldorf Class Teacher for over 35 years. He is also the founder and director of the Center for Educational Renewal, which trains Waldorf teachers in Sonoma County, www.edrenew.org.